Oaks' Life Skills

To start off our life skills sessions this year, we explored respectful behaviours and the importance of self-respect; linking to our value of integrity. We discussed how we can be kind and respectful as a class and what it means to be kind to ourselves. We discussed different scenarios and discussed what the best way to deal with this would be, recapping 'Stop, Walk, Talk'.

We have also looked at laying and clearing a table for dinner or lunch. We discussed how, even as children, there are lots that we can do to help our grown-ups at home. In small groups, we practised laying a table with cutlery and plates.

Throughout the term, we have also been focusing on folding our clothes when changing for PE and being able to turn our clothes the right way round. This is something that we will continue to develop throughout the year!

During the week of firework night, we discussed the dangers of fireworks and what it is like to go to a firework display. We discussed the hazards and how we can keep ourselves safe whilst enjoying fireworks displays.

We have also explored our value of 'compassion'. We read the story 'Have You Filled A Bucket Today?'. The story explained that we all have an invisible bucket that we can fill by being kind to others. We reflected on the ways that we have been kind to others recently and asked ourselves if we have filled someone's 'bucket'.



